



# *The Spa at the Lodge* Massage

**Therapeutic** | 50, 65, 80 Minutes \$115, \$135, \$155

A massage customized to your needs using organic oils and a variety of techniques to relax, rejuvenate and revive your body and mind.

**Deep Tissue** | 50, 65, 80 Minutes \$120, \$140, \$160

Relieves muscles that are achy, sore or in chronic pain.

This massage specifically targets areas of tension.

Perfect after a long day of exploring Jackson Hole.

**Aromatherapy** | 50, 65, 80 Minutes \$125, \$145, \$165

Choose from a variety of aromatherapy blends to add to your massage experience.

**Mountain Tune-Up Massage** | 30 Minutes \$85

A perfect focus treatment for when you just need to replenish one or two areas of the body. Or choose a

'hands, head and foot' option to help adjust to the altitude of Jackson Hole.

**Couples** | 50, 65 Minutes \$230, \$270

Enjoy a relaxing massage in the same room as your partner or friend. Not available during our off-season months.

**Expectant Mother** | 50, 65 Minutes \$125, \$145

Relieve aches and pains in your 2nd or 3rd trimester with a relaxing massage safe for you and your baby.

We do not recommend receiving massage in the 1st trimester.



**Arnica Oil Upgrade** | Additional \$20 Charge

This luxurious oil is grown here in Wyoming and helps relieve muscle aches and pains. A wonderful addition to a deep tissue massage.

**Calendula Oil Upgrade** | Additional \$20 Charge

Our calendula oil is always organic and very hydrating to soothe dry skin in the Wyoming climate.

**Hydrating Foot Treatment** | Additional \$15 Charge

Enjoy a hot stone massage on your feet to help penetrate our healing and nourishing peppermint foot balm.

*307-413-7900*

**80 SCOTT LANE JACKSON**

**WWW.LODGEATJH.COM**



## Body Treatments

### **Exfoliating Sugar Polish | 30 Minutes \$90**

Restore your skin's luster with this amazing sugar polish followed by a hydrating coconut oil application. You will leave with silky smooth skin and a healthy glow.

### **Moor Mud Wrap | 55 Minutes \$140**

Experience miracle mud from an ancient lake bed in Canada. This detoxifying treatment reduces muscle tension, refreshes skin, rids the body of toxins and eliminates fatigue.

Treatment includes a loofah exfoliation, a relaxing wrap and a coconut shea butter application.

### **Sea Algae Clay Wrap | 45 Minutes \$120**

Stimulate your metabolism and detox with a wrap that includes a light exfoliation followed by Seaweed Clay painted on the body and finished with an organic coconut oil.

### **Renewing Rose Wrap | 70 Minutes \$160**

This luxurious wrap uses one of the purest forms of rose available to deeply hydrate and replenish the skin and the mind. We start with a polishing exfoliation of ground olive pits. Then wrap the body with a restoring Rose Serum and follow with an intensely hydrating Rose Butter Cream.

The ultimate in relaxation.

ASK ABOUT OUR FACIAL OPTIONS

## Spa Etiquette

Due to being a small and very sought after spa, we encourage you to book as much in advance as possible. We highly recommend at least 48 hours to receive your desired treatment time. Due to it being a contraindication to massage, you cannot receive treatments when you are sick or not feeling well. We request that you arrive 10 minutes prior to your appointment to allow time to check in.

If you need to change or cancel a spa appointment please notify us at least 24 hours in advance or you will be charged half of your treatment value.

For reservations or inquiries please contact us at  
[thelodgespajh@gmail.com](mailto:thelodgespajh@gmail.com)

*307-413-7900*

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