



# *The Spa at the Lodge*

## Massage

**THERAPEUTIC** | 50, 65, 80 Minutes \$140, \$165, \$190  
A massage customized to your needs using organic oils and a variety of techniques to relax, rejuvenate and revive your body and mind.

**DEEP TISSUE** | 50, 65, 80 Minutes \$145, \$170, \$195  
Relieves muscles that are achy, sore or in chronic pain. This massage specifically targets areas of tension. We recommend this treatment if you get massage regularly.

**AROMATHERAPY** | 50, 65, 80 Minutes \$150, \$175, \$200  
Choose from a variety of aromatherapy blends to add to your massage experience.

**EXPECTANT MOTHER** | 50, 65 Minutes \$150, \$175  
Relieve aches and pains in your 2nd or 3rd trimester with a relaxing massage safe for you and your baby. We do not recommend receiving massage in the 1st trimester.

**FANCY FEET** | 30 Minutes \$115  
Brighten and smooth out your tired feet with a dry exfoliation followed by warm towels, a hot stone massage and an application of our Healing Foot Balm.

**MOUNTAIN TUNE-UP MASSAGE** | 30 Minutes \$105  
A perfect focus treatment for when you just need to replenish one or two areas of the body. Or choose a 'hands, head and foot' option.

### **COMPLIMENT YOUR MASSAGE**

Does not add time

**GOLD CBD OIL** | \$30 Additional Charge  
Our rose-infused CBD oil is a powerful antioxidant and free-radical fighter that will leave your skin healthy and radiant while relieving muscle discomfort and reducing aches and pains.

**ARNICA OIL** or **CALENDULA OIL** | \$15 Additional Charge  
Arnica is wonderful for stiffness and inflammation. Calendula soothes irritated and dry skin. Or ask for a combination of both.

**HOT STONE** | \$15 Additional Charge  
Your therapist will warm your muscles with hot stones to enhance your massage experience.

**HYDRATING FOOT TREATMENT** | \$10 Additional Charge  
Enjoy a hot stone massage on your feet to help penetrate our healing and nourishing peppermint foot balm.

*307-413-7900*

80 SCOTT LANE JACKSON  
WWW.LODGEATJH.COM



## Body Treatments

**JASMINE SUGAR POLISH** | 30 Minutes \$120

Restore your skin's luster with this aromatic sugar polish followed by a hydrating calendula oil application. You will leave with silky smooth skin and a healthy glow.

**MOOR MUD WRAP** | 55 Minutes \$170

This detoxifying treatment reduces muscle tension, refreshes skin, and helps rid the body of toxins.

Treatment includes a loofah exfoliation, a relaxing wrap and a coconut shea butter application.

**SEA ALGAE CLAY WRAP** | 50 Minutes \$155

Stimulate your metabolism and detox with a wrap that includes a light loofah brush exfoliation followed by Seaweed Clay painted on the body and finished with an organic calendula oil.

**RENEWING ROSE WRAP** | 70 Minutes \$220

This luxurious wrap uses one of the purest forms of rose available to deeply hydrate and replenish the skin and the mind. We start with a polishing exfoliation of ground olive pits. Then wrap the body with a restoring Rose Serum and follow with an intensely hydrating Rose Butter Cream.

The ultimate in relaxation.

## Facials

Ask about our mini facial options

## Spa Etiquette

Due to being a small and very sought after spa, we encourage you to book as much in advance as possible. We highly recommend at least 48 hours to receive your desired treatment time. Due to it being a contraindication to massage, you cannot receive treatments when you are sick or not feeling well. We request that you arrive 10 minutes prior to your appointment to allow time to check in.

If you need to change or cancel a spa appointment please notify us at least 24 hours in advance or you will be charged half of your treatment value.

For reservations or inquiries please contact us at  
[thelodgespajh@gmail.com](mailto:thelodgespajh@gmail.com)

*307-413-7900*

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